

Delicious Poison

~~~ *Nnonye Nnagbo*

Oh my generation  
how you weary me  
in your euphoric mood;  
your room  
when you I see  
great and small  
dine and wine  
on delightful meals  
camouflaged of dire danger  
through enticing presentation  
and delicious taste.

Experts with deeper knowledge withdraw.  
To the layman propagate sophistication  
of what and what man dine and wine  
from the few who dared to explore the secrets  
of our sweetened consumptions~

Alert of the harm beneath;  
the gradual layering  
of spirited substances  
constituting our consumptions  
and the cuisine, yet ignored.

At noon  
comes a call on doc's deck  
complaining, A and B, C and so on  
After many tests  
comes the option to manage health  
because it's beyond restoration.

Oh man! Take heed  
that thou was not assembled  
like some toy for play  
with none to wail  
when doomed.  
Therefore, make that which  
thou feast on simple  
drawing richness from  
nature's abundance.

~~~ *Nnonye Nnagbo is young poet from Nigeria. She is a poet that speaks to many hearts in lines.*