

CIVIL WARS IN AFRICA: ORIGINS, CAUSES AND PREVENTIVE MEASURES

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Abstract

This study examines the origins, causes, and preventive strategies for civil wars in Africa, with the primary objective of identifying the historical, socio-political, and economic factors driving conflicts across the continent. The research method employed was the qualitative analytical method which involved content analysis of relevant documentary data on the subject. The approach adopted was also thematic. The research findings reveal that the core drivers of civil wars include colonial legacies, ethnic divisions, economic disparities, and competition over resources. Political exclusion and governance weaknesses also play significant roles in fostering instability. The study concludes that preventing future civil wars requires a multi-faceted approach, emphasizing inclusive governance, equitable economic development, regional cooperation, and support for local peace-building efforts to address the root causes and promote long-term peace in Africa.

Keywords: Civil wars, conflict prevention, inclusive governance, socio-political factors, economic disparities

Introduction

Over the last six decades, Africa has witnessed numerous civil wars, affecting nearly 20 countries across the continent. For instances: Chad (1965 -1979), Angola since 1974, Liberia (1980 - 2003), Nigeria (1967-1970), Somalia (1999 -1993), Burundi (1993-2005), Rwanda (1990-1994), Sierra Leone (1991-2002), Congo (1993-1994), Eritrean-Ethiopian (1998-2000), Guinea-Bissau(1998-1999).¹ This extensive prevalence has made conflict a recurring aspect of African socio-political life, especially in sub-Saharan Africa (SSA), where civil wars have become endemic. Approximately 20% of SSA's population now resides in countries experiencing armed conflict, and the frequency and intensity of these wars have reinforced negative perceptions of the continent.² Many of these conflicts have had severe consequences, including loss of life, displacement, and the disruption of social and economic progress. The recurring nature of these wars has raised questions regarding their underlying causes and the reasons for their particular prevalence in Africa compared to other regions.

One of the most enduring stereotypes about Africa's civil wars is the notion that they stem from insurmountable ethnic divisions. Popular media and historical narratives often frame African societies as plagued by violent tribalism, emphasizing ethnic rivalries as the primary drivers of conflict. This portrayal suggests that ethnic groups are in perpetual conflict, making cooperation impossible and peace unsustainable. Such views overlook Africa's historical complexity and diversity, where ethnic groups have coexisted and traded with one another for centuries. In reality, ethnicity often becomes a tool used by political leaders to mobilize support or deflect attention from structural issues, rather than a genuine source of hatred. This oversimplified narrative not only reduces Africa's socio-political complexity to ethnic strife but also ignores the deeper, more systemic issues at play.

In fact, a closer analysis reveals that political and economic development failures are the fundamental causes of civil wars in Africa. Many African nations struggle with fragile political institutions, economic underdevelopment, and heavy dependence on resource exports, which create fertile grounds for conflict. Countries like the Democratic Republic of Congo (DRC) and Nigeria, for example, are rich in natural resources but lack inclusive institutions and effective governance, making them prone to internal unrest. Political elites often manipulate these resources to maintain power, creating deep inequalities and grievances among marginalized groups. Consequently, conflicts arise not from ethnic animosity but from competition over resources and political power, further highlighting the role of economic factors over cultural divisions.

Moreover, the legacy of colonialism has compounded these structural challenges, as arbitrary colonial borders created artificial states with little regard for existing ethnic or cultural divisions. In many cases, diverse ethnic groups were forced into unified political entities without a shared sense of national identity. For instance, Sudan's civil wars, which ultimately led to South Sudan's independence in 2011, were largely a result of these imposed divisions and the central government's economic and political marginalization of the South. Colonial rule also established authoritarian governance structures that persisted post-independence, fostering political repression and curbing efforts for inclusive governance. Thus, rather than ethnic tension, it is the inability of many African states to build inclusive political systems that has led to civil wars.

Stereotypes about African conflicts are further reinforced by the selective portrayal of violence in African societies, where complex situations are often presented through a narrow, ethnic-centric lens. Conflicts in other parts of the world, such as Europe's Balkans or Asia's Kashmir, are often analyzed through geopolitical or economic perspectives, but African conflicts are commonly reduced to "tribal" violence. This double standard ignores similar issues of resource competition, poor governance, and external interference found in conflicts worldwide. In addition, external forces, including global demand for African minerals and resources, frequently exacerbate tensions, as seen in the ongoing struggles in DRC, where foreign interests fuel instability by funding rebel groups. This selective focus on ethnicity not only distorts the reality of African conflicts but also limits global understanding of Africa's challenges.

Primary causes of civil wars in Africa

Civil wars in Africa have been influenced by a complex interplay of historical, socio-political, and economic factors. One primary cause is the legacy of colonialism, which created artificial borders that disregarded ethnic, cultural, and linguistic groupings. This often left incompatible groups within the same national borders, resulting in intense ethnic tensions that contributed to violence and civil war. The Nigerian Civil War (1967–1970) is a prominent example, where ethnic and regional disparities between the Igbo-dominated southeast and other regions sparked conflict. A. Ayoob notes that these colonial borders often failed to promote national unity, which further escalated ethnic divisions within post-colonial African states.³

Another significant cause of civil wars in Africa is weak governance and corruption, which create fertile ground for discontent. Governments that fail to provide basic services, ensure fair representation, or address inequality often face insurgencies. In Somalia, for example, long-standing corruption and ineffective governance have led to persistent civil strife since the early 1990s. R. W. Johnson highlights that the absence of a stable government allowed local warlords and insurgent groups to exploit power vacuums, leading to a protracted civil war and a humanitarian crisis.⁴

Economic factors, including poverty and unemployment, also contribute to the prevalence of civil wars in Africa. High levels of poverty and unemployment make it easier for rebel groups to recruit young people who feel disenfranchised. The Sierra Leone civil war (1991–2002) is a case in point; youth unemployment and economic marginalization provided a steady flow of recruits for the Revolutionary United Front (RUF),

which led to one of the most brutal civil conflicts in recent history. Paul Collier and Anke Hoeffler argue that poverty increases the likelihood of civil conflict as disenfranchised populations become more susceptible to joining armed groups.⁵

Ethnic rivalries and political exclusion further exacerbate civil wars in Africa. When specific groups are marginalized or excluded from power, they may seek redress through violent means. This was evident in Rwanda in 1994, where historical tensions between the Hutu and Tutsi ethnic groups erupted in a tragic genocide. The Tutsi-led Rwandan Patriotic Front (RPF) and the Hutu-controlled government had a history of ethnic conflict, and political exclusion led to a mass outbreak of violence. Mahmood Mamdani explores how the structural and political exclusion of the Tutsis created conditions ripe for civil war. According to him:

The colonial state created a society of subjects and beneficiaries, of indigenous and non-indigenous, of those it defined as ‘native’ and those it defined as ‘non-native.’ It excluded one group to empower another, and in so doing, it created a political context ripe for violence and exclusion.⁶

Mamdani argues that colonialism played a central role in dividing Rwandan society along ethnic lines, deepening the division between Hutu and Tutsi. This imposed categorization led to a structure where the Tutsi were excluded, reinforcing hostilities and creating conditions that eventually contributed to the civil war and genocide. This structural marginalization, Mamdani argues, left a legacy that continued to shape Rwandan politics and society even after the colonial period ended.

Lastly, the exploitation of natural resources, often termed the “resource curse,” has fueled civil wars in several African countries. Valuable resources like diamonds, oil, and minerals can fund armed conflicts, as seen in Angola and the Democratic Republic of Congo (DRC). Rebel groups in these countries have financed their operations by controlling resource-rich areas, leading to prolonged conflicts driven by the desire to control lucrative assets. Michael Ross discusses how natural resource wealth can finance civil wars by providing insurgents with a source of revenue, thus prolonging conflicts.⁷ This resource exploitation has, in turn, drawn foreign interests, further complicating and prolonging these conflicts.

Impacts of civil wars on African Nations

Civil wars in Africa have profound and multi-layered impacts on the continent's development, affecting economic growth, social cohesion, political stability, and regional security. Economically, civil wars disrupt industries, reduce productivity, and divert resources from vital sectors such as healthcare, education, and infrastructure toward military expenditures. A notable example is the impact of prolonged civil war in Liberia, which devastated the country's economy, reducing GDP growth and leaving essential infrastructure in ruin.⁸ Civil conflicts often cause businesses to shut down, foreign investors to withdraw, and agricultural sectors to collapse, ultimately leading to widespread poverty and a weakened national economy. Such economic setbacks hinder the affected countries' ability to develop and improve the livelihoods of their populations.

Socially, civil wars create fragmentation within communities and contribute to a severe humanitarian crisis. The displacement of populations becomes common, as people flee from war zones to seek safety in refugee camps or neighboring countries. This dislocation tears families and communities apart, sometimes permanently, as displaced people struggle to return and reintegrate. In Sudan, for instance, decades of civil war have led to widespread displacement and social disruption, particularly affecting communities in Darfur.⁹ The social impacts are further worsened by the psychological trauma experienced by civilians and ex-combatants, which may persist across generations and affect community relationships for years after the conflict has ended.

Politically, civil wars in Africa contribute to long-term instability and governance challenges. Nations affected by prolonged conflicts often struggle with weakened institutions, corruption, and an erosion of

public trust in government. The collapse of effective governance during civil wars has been observed in countries like Somalia, where decades of internal conflict have left a power vacuum, enabling the rise of warlords and extremist groups.¹⁰ Such environments can lead to cycles of instability as new governments find it difficult to establish authority or address citizens' needs, perpetuating poverty and fostering resentment. Weak governance after civil wars can also lead to renewed conflicts or the rise of autocratic regimes, further undermining democratic processes and human rights.

The influence of civil wars often extends beyond national borders, causing instability in neighboring countries and across regions. Refugee flows and cross-border insurgencies are common outcomes, as seen in the Great Lakes region, where the Rwandan genocide and subsequent conflicts affected neighboring countries such as the Democratic Republic of Congo.¹¹ This regional instability can create economic and security burdens for neighboring nations, straining resources and sometimes drawing them into conflict. Cross-border tensions can increase when neighboring countries support opposing factions or take sides in the conflict, making it even harder to achieve peace.

The cumulative impacts of civil wars on African nations are devastating, with far-reaching effects that slow progress and impede development. These conflicts disrupt economies, fragment societies, destabilize governments, and often extend instability across borders, creating a cycle that is difficult to break.

Strategies for preventing future civil wars in Africa

Preventing future civil wars in Africa requires comprehensive strategies that address the root causes of conflict, improve governance, and foster sustainable development. African civil wars are often driven by ethnic tensions, political exclusion, economic inequality, and competition over resources. As such, effective prevention strategies must be multi-dimensional, focusing on political, social, and economic reforms. Strategies that could help to prevent future civil wars in Africa include:

Promoting inclusive governance: Inclusive governance is fundamental in preventing civil wars, as political exclusion has historically fueled resentment and unrest across many African nations. Efforts should focus on ensuring fair representation of all ethnic, regional, and socio-economic groups within government structures. Countries like Kenya, for example, have implemented decentralized governance to reduce ethnic tensions by giving local communities greater autonomy over their affairs. This model could be adapted across the continent to empower communities and address grievances at a local level. International organizations and regional bodies like the African Union (AU) could support capacity-building programs to train and develop leaders in conflict-prone regions, thereby strengthening institutions and promoting fairness in governance.

Strengthening economic equity and development: Economic inequality is a significant driver of conflict, as marginalized communities often feel compelled to take up arms when they are denied economic opportunities. African governments should prioritize policies that promote equitable development, particularly in regions with a history of economic marginalization. Investments in infrastructure, education, healthcare, and job creation can help reduce poverty and unemployment, which are risk factors for civil conflict. For example, in post-apartheid South Africa, various social welfare programs aimed at reducing poverty have contributed to social stability. International aid should be directed toward sustainable development projects that address the root causes of poverty and empower vulnerable communities, rather than merely providing short-term relief.

Establishing early warning systems and regional collaboration: Developing early warning systems is essential to prevent conflicts from escalating into full-blown wars. By monitoring social, economic, and political indicators, governments and international organizations can identify signs of potential unrest and take preemptive measures. The AU's Continental Early Warning System (CEWS) is a good example of such an initiative, as it gathers data on conflict trends to inform peacekeeping responses. However, this system requires further strengthening and support to be more effective. Collaborating with regional bodies

like the Economic Community of West African States (ECOWAS) can also help in early intervention. ECOWAS has a history of diplomatic interventions and peacekeeping missions in countries like Liberia and Sierra Leone, showing that regional organizations can be instrumental in conflict prevention through cooperation and shared responsibility.

Addressing resource management and reducing the “resource curse”: The exploitation of valuable natural resources often exacerbates conflict, especially when profits are unevenly distributed or mismanaged. To prevent resource-driven conflicts, African countries should adopt transparent and fair policies for resource management, ensuring that local communities benefit from their natural wealth. One approach is to implement revenue-sharing models, where a percentage of profits from resources like oil, diamonds, or minerals is reinvested in local development projects. Botswana’s approach to managing its diamond wealth is often cited as a success story, as the country has reinvested resource revenue into education, healthcare, and infrastructure, fostering stability and reducing inequality. International organizations can play a supportive role by promoting transparency standards such as the Extractive Industries Transparency Initiative (EITI), which encourages companies and governments to publicly disclose revenues from natural resources.

Building social cohesion through education and civic engagement: Fostering social cohesion and mutual understanding among diverse ethnic, religious, and cultural groups can mitigate the risk of civil wars by reducing intergroup tensions. Education plays a key role in this process, as schools can serve as platforms for teaching tolerance, peace, and conflict resolution skills. For instance, Rwanda’s post-genocide reconciliation efforts included education reforms that encouraged unity and collective national identity over ethnic divisions. Civic engagement programs that empower citizens to participate in decision-making processes at the local level can also strengthen social bonds and foster a sense of shared identity. By building awareness and respect for diversity, countries can prevent the exploitation of ethnic or religious differences by political leaders seeking to incite violence.

Empowering local peace-building initiatives: Local peace-building initiatives that engage communities in conflict prevention and resolution can be highly effective, as they are grounded in local culture and traditions. In many African societies, traditional leaders and community elders play significant roles in resolving disputes and maintaining social harmony. Programs that strengthen these grassroots peace-building mechanisms can provide sustainable solutions for conflict prevention. For example, in northern Uganda, the Acholi traditional reconciliation process known as “*Mato Oput*” has been used to promote peace and reintegration for former fighters.¹³ Government and international organizations can support these local efforts by providing resources, training, and platforms for dialogue, recognizing the importance of local ownership in peace-building.

Strengthening regional and international cooperation for peacekeeping: Preventing civil wars also requires robust regional and international cooperation in peacekeeping efforts. African regional bodies like the AU and ECOWAS have proven that they can intervene effectively in conflicts, but their capabilities are often limited by a lack of resources and logistical support. Increased funding and logistical assistance from the United Nations and other international donors could enhance the capacity of these organizations to respond to emerging crises more efficiently. Additionally, partnerships with global powers should prioritize the establishment of a coordinated response to crises, emphasizing conflict prevention over military intervention.

Conclusion

This study set out to examine the origins, causes, and prevention strategies for civil wars in Africa, aiming to understand the deep-rooted factors that contribute to conflicts across the continent. The study highlights the impact of colonial legacies, ethnic divisions, resource competition, political exclusion, and economic

inequality as core drivers of civil wars, demonstrating that these elements interact in complex ways that intensify social and political unrest.

The research findings reveal that civil wars in Africa are often fueled by a combination of unresolved historical grievances, weak governance structures, and disparities in resource allocation. The persistence of ethnic tensions, along with a lack of inclusive governance, creates a fertile ground for conflict, as marginalized groups seek recognition and equal rights. Additionally, competition for valuable natural resources like oil and minerals exacerbates tensions, especially where profits benefit only a few elites. To prevent future occurrences, the study suggests promoting inclusive governance, equitable economic development, regional cooperation, and stronger peace-building efforts.

Endnotes

- ¹ See List of conflicts in Africa – Wikipedia. <https://en.wikipedia.org/wiki/...> Accessed 23/10/2024.
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- ⁴ C. Johnson, *South Africa's brave new world: The beloved country since the end of Apartheid* (London: Allen Lane, 2009), 31-34.
- ⁵ Paul Collier and Anke Hoeffler, *Greed and Grievance in Civil War* (Oxford: Oxford University Press, 2004), 6.
- ⁶ Mahmood Mamdani, *When victims become killers: Colonialism, nativism, and the genocide in Rwanda* (Princeton, NJ: Princeton University Press, 2001), 17.
- ⁷ Michael Ross, *The natural resource curse: How wealth can make you poor* (Harvard: Harvard University Press, 2003), 7-9.
- ⁸ Mats Utas, *Victimcy, Girlfriending, Soldiering: Tactics of an African Youth Culture in Sierra Leone*. (Uppsala: Uppsala University Press, 2005), 23-27.
- ⁹ Francis Mading Deng. *War of Visions: Conflict of Identities in the Sudan*. (Washington, D.C.: Brookings Institution Press, 1995), 13-14.
- ¹⁰ Ken Menkhaus, *State Collapse in Somalia*. (London: Routledge, 2003), 44-52.
- ¹¹ Gérard Prunier, *Africa's World War: Congo, the Rwandan Genocide, and the Making of a Continental Catastrophe*. (New York: Oxford University Press, 2009), 22-47.
- ¹² See <https://www.c-r.org/accord/reco...> Conciliation Resources, “Reconciliation and justice: ‘Mato oput’ and the Amnesty Act (2002)”. Accessed 23/10/2024.