

## **Bridging Contemporary Insights in Healthcare and Consciousness Studies**

<sup>1</sup>Abiola T., <sup>2</sup>Adeleke I. T.

<sup>1</sup>Department of Medical Services, Federal Neuropsychiatric Hospital, Kaduna-Nigeria;

<sup>2</sup>Department of Health Records, Federal Medical Centre, Bida, Nigeria.

**Corresponding author:**

Abiola T. Department of Medical Services, Federal Neuropsychiatric Hospital, Kaduna-Nigeria.

Email: [abiolatob@yahoo.com](mailto:abiolatob@yahoo.com)

In this inaugural second issue of the IMAN Medical Journal, Volume 10, Issue 2, 2024, we are honored to present a collection of articles that push the boundaries of knowledge in healthcare, medical education, public health, and consciousness studies. The contributions in this edition not only offer groundbreaking insights but also provide practical implications for enhancing healthcare practices and understanding complex philosophical concepts.

The first article by Kareem and colleagues examines the transformative power of integrated mentoring within academic research. The authors make a compelling case for structured, interdisciplinary mentorship programs that extend beyond traditional one-on-one mentoring. They

argue that such an approach is critical in nurturing early-career researchers, fostering cross-disciplinary collaborations, and ultimately boosting research productivity and academic output. This work is particularly timely as it addresses the pressing need for institutions to create supportive environments that encourage innovation and academic excellence.

The exploration of consciousness remains one of the most profound challenges in philosophy and neuroscience. In their thought-provoking article, Bulus and Abiola tackle this "hard problem" by integrating perspectives from traditional, quantum, and Islamic thought. The authors propose a novel, unified framework that not only deepens our understanding of consciousness but also

provides actionable insights for education and therapy. This work stands out for its innovative attempt to bridge spiritual and scientific perspectives, offering a holistic view that is both intellectually rigorous and practically applicable.

In light of the COVID-19 pandemic, telemedicine has emerged as an essential tool for delivering healthcare services. Sani et al. provide a comprehensive analysis of the benefits and challenges associated with telemedicine, particularly in the post-pandemic world. The authors highlight how telemedicine has the potential to improve healthcare access, especially in remote and underserved regions. However, they also point out significant barriers, including regulatory hurdles and infrastructural limitations, that must be overcome to fully realize telemedicine's potential. This article is a crucial read for policymakers and healthcare providers looking to navigate the evolving landscape of digital health.

Mahmud presents a study on the prevalence and risk factors of urinary schistosomiasis among children in specific regions of Niger State. The findings reveal a moderate prevalence of the disease, with higher risks associated with male gender and proximity to streams. The study highlights the need for targeted interventions, including improved water access and health education, to reduce the burden of urinary schistosomiasis in the affected areas.

Cooperative societies have long been heralded as powerful instruments for economic empowerment and community development. In their insightful analysis, Adeleke et al. focus on Islamic Cooperative Societies, examining their unique contributions to poverty alleviation and financial inclusion. Through empirical evidence and case studies, the authors demonstrate how these cooperatives serve as vital mechanisms for fostering economic resilience and social equity. This article offers

valuable lessons for policymakers and development practitioners seeking to implement cooperative models that align with ethical and religious principles.

The articles in this issue collectively underscore the importance of interdisciplinary research and the integration of diverse perspectives in addressing the complex challenges of our time. From the implementation of telemedicine to the philosophical exploration of consciousness, these studies provide fresh insights that are both timely and impactful. As the world continues to grapple with the twin challenges of a global economic downturn and pervasive insecurity, the insights offered in this volume are particularly relevant. They remind us of the critical need for innovative approaches

grounded in ethical principles and committed to the well-being of all.

Lastly, I would like to draw your attention to the 25th IMAN Annual National Conference, tagged Kanem Bornu 2024, themed "How Muslim Healthcare Professionals Can Lead Holistic Care in a Troubled and Turbulent World Using Innovative Islamic Principles."

This theme resonates deeply with the challenges highlighted in this issue. As healthcare professionals, scholars, and service users, we are called upon to connect, share, and innovate to better serve humanity while worshipping Allah. We encourage you to submit your most inspiring and impactful works for publication in this journal, Insha'Allah.