

The Catholic Voyage: African Journal of Consecrated Life

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The Catholic Voyage

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- * The Credo of the Consecrated Life
- * Understanding the Relationship Between the Holy Spirit and the Church
- * Did our hearts not burn within us as He spoke to us on the way and explained the Scriptures? (Luke 24, 32)
- * Philosophical Anthropology vis-a-vis Self Discovery and World of Meaning
- * Dialogue and Religious Harmony in Nigeria
- * Older Adults and Health Maintenance

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The Catholic Voyage welcomes well researched papers on subject matters dealing with Religious Life, Priesthood, Canon Law, and the Church. Kindly limit manuscripts to 20 double spaced pages (including cites and tables) Use endnotes please.

Views expressed in this journal do not necessarily reflect the opinion of the editor or the Conference of Major Superiors of Nigeria.

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EDITORIAL

This year's edition of *The Catholic Voyage* features as always, articles from various fields of life. Fr. Donatus Ogun, OSA, in his work *The Credo of the Consecrated Life* makes us understand that faith is an integral element of the consecrated life because it leads us to the self-emptying and absolute confidence in God that we must embrace to live fulfilled lives. He suggests that individuals take on religious way of living through faith and most people who embrace the life hope for an increase in faith over the course of time. He concludes that it is only because of faith or belief that there is religious life.

Understanding the Relationship between the Holy Spirit and the Church by Fr. Francis Ikhianosime is a reflection on the nature of the relationship between the Holy Spirit and the Church. The Holy Spirit is described as the soul of the Church and the gift of the Father that inspires and sustains the faith of the faithful.

The next article "Did our hearts not burn within us as He spoke to us on the way and explained the Scriptures? (Luke 24, 32)" is by Fr. Cosmas C. Uzowulu OFCap. This article takes its inspiration from the experience of the disciples on the way to Emmaus and the story of the resurrection as a sure symbol that suggests that God can be trusted. In the exploration of the attitude of the women disciples, the author indicates that consecrated women can find their relevance in their "powerful role and mission in the Church of Christ". Their simple fiat could inspire the leaders of the Church as they grapple with faith issues. Consecrated persons must realize that their encounter with Jesus resulting in a burning desire energizes them to share and communicate the goodness of Jesus to other people.

Sr. Stella Bassey Esirah, HHCI, in her article, *Philosophical Anthropology vis-a-vis Self Discovery and World of Meaning* focuses on the discovery of one's purpose in life as a means to attaining self-discovery. She uses philosophical anthropological theory to describe this journey to self discovery for the purpose of living a meaningful life.

In "Dialogue and Religious Harmony in Nigeria," Fr. Prof. Cornelius Afebu Omonokhua defines conflict and elucidates varied types of conflicts. A chronicle of religious and political conflicts that have occurred in Nigeria is then presented to make the case for the urgency of dialogue and the need for religious leaders to redirect their followers to nonviolent behaviour so as to create peaceful co-existence in the country.

Sr. Esther K.E. Onokayeigho, MMM, in her work *Older Adults and Health Maintenance* targets older adults and their caregivers. The work suggests that attention should be paid to nutrition. Specifically, individuals who are older are encouraged to consume diets that are high in grain, vegetable and fruits, and reduce the intake of saturated fat, cholesterol, sugar, salt and alcohol in order to maximize their health outcomes.

Alokha Henrietta E, SSH

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